Sara Lehtonen

Registered Nurse (BSc)

+358 50 444 1188 sara.lehtonen@example.fi Jyväskylä, Finland

PROFILE

Newly qualified nurse with 14 months of placements and temporary posts on an internal medicine ward. For my thesis I developed a discharge checklist that my placement ward now uses. I am looking for a permanent post in acute care.

EDUCATION

2022–2026

Bachelor of Health Care, Nursing
JAMK University of Applied Sciences

- Thesis: discharge checklist for an internal medicine ward (grade 5/5)
- Valvira licence 2026

WORK EXPERIENCE

6/2025–8/2025

Temporary Nurse
Internal medicine ward, Central Finland wellbeing services county

- Independent shift work on a 28-bed ward
- Medication and discharges

1/2025–4/2025

Placement, Emergency Department
Central Finland wellbeing services county

- Triage and receiving ambulance patients

LANGUAGES

Finnish	native
English	good
Swedish	satisfactory (civil service language exam)

IT SKILLS

Lifecare	patient records and medication
Office 365	Teams, Outlook

CERTIFICATES AND CARDS

LOVe medication certificate · Emergency first aid

REFERENCES

Minna Koski, Ward Manager, internal medicine ward, +358 40 555 6677